



# Authentic Flavors

CUSTOM CATERING

## FLAVORS EXPRESS DROP OFF MENU

### Breakfast

#### **Continental Breakfast**

Perfect for morning meetings!

Small Tray serves 8-10 \$78  
Large Tray serves 16-20 \$156

An assortment of our signature award winning pastries, fresh fruit salad, and Orange juice

Choose pastries from list below.

Almond Croissant	Chocolate Croissant
Plain Croissant	Danishes
Apple Turnover	Cinnamon Twist
Cinnamon Rolls	Raisin Rolls
Palmier	Biscotti
Scones	Muffins
Granola Bars	

#### **Breakfast Sandwich**

\$8.95 per person/minimum order of 10  
(Individual boxes - 9.75)

Scrambled eggs, Swiss cheese on 2 fresh baked mini croissant and choice of: bacon, ham, or sausage. Served with breakfast potatoes, and fresh fruit salad

#### **Pastry Tray**

An assortment of St. Tropez award winning pastries from list above. 2.75 Per person (1 Full size) 3.75 per person (2 mini size)

#### **Quiche Tray**

Small Tray serves 8-10 \$38 Large Tray serves 16-20 \$65  
Choose from: Spinach, Turkey & Mushroom, Vegetable, Salmon, Ham & Cheese

#### **Light & Healthy**

\$5.50 per person  
Nonfat fruit yogurt with Granola and Fresh Fruit

*Custom Designed Breakfast Available,  
Please Call*

### Lunch Box

\$7.99 per person/minimum order of 5  
This is a complete lunch in a convenient to-go box.

Please, no substitutions.

Each box contains a small sandwich, fruit salad, large cookie, bottle of water and utensils.

#### **Choice of Sandwich:**

Ham & Swiss or Turkey & Swiss on a French or whole wheat baguette

### Paninis

#### **Panini Brie**

Individual boxes - \$7.75  
Brie, Tomato, Romaine, Prosciutto on Ciabatta Bun

#### **Panini Ham**

Individual boxes - \$7.50  
Ham, Tomato & Swiss on Baguette

Panini Turkey Individual boxes - \$7.75  
Turkey, Tomato, Romaine & Provolone on Foccacia with Herbs

Make it a complete meal with Mini cookies & side salad add \$3.75



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*Lunch Continued*

### Sandwiches & Wraps

#### ***St. Tropez***

\$9.75 per person/min order of 10  
Choice of Sandwich, Green or Caesar salad, and a fresh baked cookie.

Available in an individual lunch box for 10.75 per person.

#### ***Sandwich selections:***

Ham & Swiss on Croissant  
Tuna on Brioche  
Turkey & Swiss on Kaiser  
Roast Beef on Baguette  
Grilled Vegetables on Ciabatta  
Chicken Pesto on Focaccia

#### ***Californian***

\$9.75 per person/minimum order of 10  
Choice of Wrap, Green or Caesar salad, and a fresh baked cookie

These are available in an individual lunch box for 10.75 per person

#### ***Wrap selections:***

Grilled Vegetables with Goat Cheese  
Greek Salad with Chicken  
Chicken Caesar

#### ***Riviera***

\$10.75 per person/minimum order of 5  
Choice of Quiche, Green, or Caesar salad, and a fresh baked cookie

Available in an individual lunch box for 11.75 per person

### Quiche Selections

Spinach	Salmon
Vegetable	Turkey & Mushroom
Ham & Cheese	

### Trays

Perfect for Large Company Lunches

#### ***Petit Sandwich Tray***

An assortment of St. Tropez petit sandwiches  
(Roast Beef, Ham, Turkey)

Served on soft brioche rolls and Mini Ciabatta  
Small serves 10-12 \$40 Large serves 20-24 \$75

#### ***Petit Wrap Tray***

An assortment of Californian petit wraps.  
Small serves 10-12 \$40 Large serves 20-24 \$75



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### ENTREES

#### *Mediterranean*

Choose of 1 Pasta, Salad,  
Bread and Cookies Serves 8-10 \$99.95

#### **Pasta Selection:**

Vegetarian or Bolognese Lasagna  
Chicken Pesto Penne  
Spaghetti with Bolognese or Meatball in Marinara

#### *County French*

Choose 1 Entree, Salad, Bread and Cookies Serves 8-10

#### **Entree Selection:**

Boeuf Bourguignon - \$159.50  
Beef stew in red wine with vegetables over linguini  
Coq au Vin - \$127.50  
Chicken breast and leg sautéed in red wine with  
vegetables served with Roasted potatoes

#### *Crepes*

Choose 1 Crepe, Salad,  
Bread and Cookies Serves 10-12 \$99.95

#### **Crepe Selection:**

Chicken & Mushroom, Spinach & Crème Sauce with Swiss  
cheese

We can also customize a special Entrée of your choice

### Entree Salad Trays

Small serves 8-10 Large serves 16-20  
Authentic Flavors salad trays are perfect for business  
lunches. All dressings and toppings are on the side, served  
with fresh baguette.

#### *Sweet & Savory*

Serves 8-10 \$57.00  
Romaine topped with grilled chicken, caramelized pecans,  
pears, tomato, cucumber, Gouda cheese.

#### *Salad Nicoise*

Serves 8-10 \$53.50  
Romaine, tuna, tomato, eggs, carrots, potatoes, olives,  
red onions, French pickles, avocado, cucumber, red bell  
pepper.

#### *House Salad*

Serves 8-10 \$45.99 add chicken \$60.99  
Romaine, mixed vegetables, cucumber, red onion, tomato,  
French pickle, potatoes, olives, red bell pepper.  
Choose Dressing: Ranch, Italian or Balsamic

### Side Salads

#### *Fruit Salad*

Small 30.00 Large 55.00  
(Melons and seasonal fruits)

#### *Caesar Salad*

Small 12.50 Large 23.00  
Add Chicken Small 27.50 Large 43.00  
(Classic preparation with croutons and Parmesan cheese)

#### *Green Salad*

Small 12.50 Large 23.00  
(Tomatoes, cucumbers and choice of dressing: Ranch,  
Italian or Balsamic)

#### *Tabouleh Salad*

Small 12.50 Large 23.00  
(Tomato, cucumber, cilantro and lemon)

#### *Pasta Salad*

Small 15.00 Large 27.00  
(Penne pasta, diced tomato, kalamata olives, feta cheese,  
basil, balsamic)



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### DESSERTS

Please select from list below: \$4.25 each

Black Forest	Strawberry Éclair
Bread Pudding	Chocolate Mousse
Cake	Passion Fruit Mousse
Strawberry	Cheesecake
Carrot Cake	Crepe Brulee
Chocolate Éclair	Tiramisu
Pacific Coast Cake	St Tropez Cake
Seduction Cake	Napoleon
Three Layer Chocolate Mousse	
Three Layer Chocolate Mousse	
Opera Cake & Lava Cake (4.50)	

### Tarts

Strawberry	Raspberry	Apple
Lemon	Mixed Fruit	Pear
Apricot		

### Mini Desserts Party

\$1.75 each

Mixed Fruit Tart	Éclairs
Cream Puffs	Strawberry Tart
Raspberry Tart	Cookies

### Assorted Mini Cookies

\$1.50 per person (choose 3 per person)

Lemon Shortbread	Chocolate Chip
Chocolate Heart	Meringue
Assortment of Large Cookies	

### Assortment of Large Cookies

\$2.25 per person

Meringue	Lemon Shortbread
Cinnamon Twist	Oatmeal
Chocolate Chip	Biscotti
Palmier	Chocolate Heart
Brownie	Granola Bars

### Specialty Cakes

Most of our cakes are available in 1/2 sheets, full sheets, 6" – 12" rounds and squares. Please inquire at your nearest location.

For customized cakes...just email a picture!

**Contact our cake specialist at 1800-nextparty**

### ORDERING INFORMATION

Please order by 1:00 pm the day before your catering event. Please contact us at 858 404-0642 and ask for the Catering Department.

For weekend orders 48 hours notice preferred.

#### Cancellation

There is no charge for cancellations made by 3:00 pm the day prior to the event. Same day cancellations are subject to 50% charge.

#### Service

Catering orders come with all necessary serving utensils and condiments. Or order plates, napkins and plastic cutlery available for \$1.20 per person.

#### Payment

We gladly accept Visa, MasterCard and American Express or open up a Corporate Account with us. Ask for a Credit Application with your next order.

### Need Full Service Catering?

Any Occasion, Any Size, Full Service Catering, Parties, Weddings, Openings, Private and Corporate Events  
For more Information:

Contact our Catering Department  
858 404-0642 or  
1800-NEXT PARTY  
[www.sdauthenticflavors.com](http://www.sdauthenticflavors.com)